| Last Name | First Name | Sex | Team Name |
| :--- | :--- | :--- | :--- |
| Cahill | Kieran | Male | Dungarvan CC |
| Hanrahan | Declan | Male | Panduit Carrick Wheelers |
| Lynch | Denis | Male | Sliabh Luachra Cycling Club |
| Sutton | Barry | Male | Greenmount CA |
| Fitzgerald | Philip | Male | Limerick Cycling Club |
| Beamish | Gearoid | Male | Clonakilty Cycling Club |
| Driscoll | Sean | Male | Killarney Cycling Club |
| Butler | John | Male | Club Rothaiochta na Sionainne |
| Gowen | Michael | Male | Over The Hill CC |
| Rock | William | Male | Cork Triathlon Club |
| Mc Carthy | David | Male | Un-Attached Munster |
| Cleverley | Richard | Male | Sliabh Luachra Cycling Club |
| Murphy | Cian | Male | Midleton CTC |
| Mc Manus | Mark | Male | De Ronde Van Cork CC |
| Williams | Rob | Male | Carrigdhoun Cycling Club |
| Doherty | Stephen | Male | Killarney Cycling Club |
| Kennedy | Tyrone | Male | Over The Hill CC |
| Colville | Keith | Male | Panduit Carrick Wheelers |
|  |  |  | Kilcullen Cycling Club Murphy |
| Talt | Anthony | Male | Geospacial |
| Breathnach Daire | Male | Midleton CTC |  |
| Collins | Francie.J | Male | Newcastle West Cycling Club |
| Breen | Pat | Male | Tipp Wheelers |
| Hennessy | Brendan | Male | Midleton CTC |
| Hines | Michael | Male | Un-Attached Munster |
| Ryan | Niall | Male | Bandon Cycling Club |
|  |  |  | Kilcullen Cycling Club Murphy |
| Walker | John | Male | Geospacial |
| Mulvaney | Kenneth | Male | Cork Triathlon Club |
| Dennehy | Derek | Male | Sliabh Luchra Cycling Club |
| Kelleher | Donie | Male | Sliabh Luachra Cycling Club |
| Murphy | Tim | Male | Sliabh Luachra Cycling Club |
|  |  |  |  |

Laps Completed Finishing Time Split Times

Dungarvan CC
Panduit Carrick Wheelers Sliabh Luachra Cycling Club enmount CA Clonakilty Cycling Club Killarney Cycling Club Rub Rothaiochta na Sionainne The Hill CC Cork Triathlon Club Un-Attached Munster Sliabh Luachra Cycling Club Midleton CTC De Ronde Van Cork CC Carrigdhoun Cycling Club Killarney Cycling Club Over The Hill CC Panduit Carrick Wheelers Geospacial Midleton CTC Newcastle West Cycling Club Tipp Wheelers Midleton CTC Un-Attached Munster Bandon Cycling Club Cycling Club Murphy Geospacial Cork Triathlon Club Sliabh Luachra Cycling Club Sliabh Luachra Cycling Club

5 00:40:11.95 Split 1: 00:07:41.12 | Split 2: 00:07:59.30 | Split 3: 00:08:08.75 | Split 4: 00:08:06.30 | Split 5: 00:08:16.46 5 00:40:41.52 Split 1: 00:08:18.72 | Split 2: 00:08:00.98 | Split 3: 00:08:10.75 | Split 4: 00:08:02.59 | Split 5: 00:08:08.46 5 00:40:52.55 Split 1: 00:08:12.25 | Split 2: 00:08:07.88 | Split 3: 00:08:10.91 | Split 4: 00:08:01.81 | Split 5: 00:08:19.68 5 00:41:14.90 Split 1: 00:07:58.47 | Split 2: 00:08:07.36 | Split 3: 00:08:25.33 | Split 4: 00:08:18.04 | Split 5: 00:08:25.67 5 00:41:50.56 Split 1: 00:08:29.38 | Split 2: 00:08:14.63 | Split 3: 00:08:19.82 | Split 4: 00:08:18.21 | Split 5: 00:08:28.50 5 00:41:50.79 Split 1: 00:08:27.78 | Split 2: 00:08:18.45 | Split 3: 00:08:19.33 | Split 4: 00:08:20.03 | Split 5: 00:08:25.19 5 00:41:55.49 Split 1: 00:08:28.20| Split 2: 00:08:06.76| Split 3: 00:08:26.30| Split 4: 00:08:27.79| Split 5: 00:08:26.43 5 00:42:23.51 Split 1: 00:08:43.35 | Split 2: 00:08:16.37 | Split 3: 00:08:17.06| Split 4: 00:08:24.94 | Split 5: 00:08:41.78 5 00:42:24.28 Split 1: 00:08:16.41| Split 2: 00:08:20.39 | Split 3: 00:08:30.73| Split 4: 00:08:39.57 | Split 5: 00:08:37.17 5 00:42:37.48 Split 1: 00:08:40.02 | Split 2: 00:08:23.50 | Split 3: 00:08:30.88 | Split 4: 00:08:34.82 | Split 5: 00:08:28.25 5 00:42:37.83 Split 1: 00:08:54.40 | Split 2: 00:08:30.12 | Split 3: 00:08:30.07 | Split 4: 00:08:26.27 | Split 5: 00:08:16.94 5 00:43:18.15 Split 1: 00:08:27.02 | Split 2: 00:08:28.95 | Split 3: 00:08:37.21 | Split 4: 00:08:49.41 | Split 5: 00:08:55.53 5 00:43:23.43 Split 1: 00:08:44.49 | Split 2: 00:08:28.09 | Split 3: 00:08:38.20 | Split 4: 00:08:39.32 | Split 5: 00:08:53.32 5 00:43:44.11 Split 1: 00:08:48.49 | Split 2: 00:08:37.39 | Split 3: 00:08:48.05 | Split 4: 00:08:54.02| Split 5: 00:08:36.14 5 00:43:45.11 Split 1: 00:08:46.57 | Split 2: 00:08:33.89 | Split 3: 00:08:50.06 | Split 4: 00:08:54.79 | Split 5: 00:08:39.79 5 00:44:38.42 Split 1: 00:08:32.42 | Split 2: 00:08:16.30 | Split 3: 00:08:17.81 | Split 4: 00:08:17.35 | Split 5: 00:11:14.52 5 00:44:39.22 Split 1: 00:08:48.29 | Split 2: 00:08:42.70 | Split 3: 00:08:56.51 | Split 4: 00:09:11.67 | Split 5: 00:09:00.02 5 00:45:03.69 Split 1:00:08:36.33 | Split 2: 00:08:51.68 | Split 3: 00:09:10.20| Split 4: 00:09:14.65 | Split 5: 00:09:10.82

5 00:45:04.13 Split 1: 00:09:03.37 | Split 2: 00:08:47.13 | Split 3: 00:09:04.23 | Split 4: 00:09:09.63 | Split 5: 00:08:59.75 5 00:45:15.71 Split 1: 00:09:00.17 | Split 2: 00:08:55.35 | Split 3: 00:08:57.78 | Split 4: 00:09:07.14 | Split 5: 00:09:15.25 5 00:46:25.72 Split 1:00:09:25.84 | Split 2: 00:09:30.72 | Split 3: 00:09:18.82 | Split 4: 00:09:12.02 | Split 5: 00:08:58.31 5 00:46:26.94 Split 1: 00:09:03.97 | Split 2: 00:09:00.99 | Split 3: 00:09:17.34 | Split 4: 00:09:33.39 | Split 5: 00:09:31.25 5 00:46:28.79 Split 1: 00:09:06.09 | Split 2: 00:09:12.77 | Split 3: 00:09:14.55 | Split 4: 00:09:38.22 | Split 5: 00:09:17.14 5 00:46:35.10 Split 1: 00:09:24.45 | Split 2: 00:09:09.60 | Split 3: 00:09:23.98 | Split 4: 00:09:24.65 | Split 5: 00:09:12.41 5 00:46:50.75 Split 1: 00:08:57.38 | Split 2: 00:09:13.19 | Split 3: 00:09:23.07 | Split 4: 00:09:38.21 | Split 5: 00:09:38.88

5 00:47:22.46 Split 1: 00:09:52.65 | Split 2: 00:09:14.54 | Split 3: 00:09:24.86 | Split 4: 00:09:31.31 | Split 5: 00:09:19.09 5 00:47:46.24 Split 1:00:09:22.94 | Split 2: 00:09:18.57 | Split 3: 00:09:24.08 | Split 4: 00:09:43.08 | Split 5: 00:09:57.55 5 00:47:53.46 Split 1: 00:09:12.96| Split 2: 00:09:19.50 | Split 3: 00:09:39.41 | Split 4: 00:10:04.96| Split 5: 00:09:36.61 5 00:49:07.91 Split 1: 00:09:34.14 | Split 2: 00:09:37.22 | Split 3: 00:09:53.11 | Split 4: 00:09:38.71 | Split 5: 00:10:24.71
5 00:49:30.37 Split 1: 00:09:33.61 | Split 2: 00:09:33.78| Split 3: 00:10:01.24 | Split 4: 00:10:02.02 | Split 5: 00:10:19.70

